

## Fifty-Fourth Annual Timed Run



## LP RUN

**Texas' Oldest Running Race:** the fifth race in the HARRA spring championship series.

**The Race:** Saturday May 13, 2023. Run as far as possible for 33 ⅓ minutes on Rice University Track.

**Start Times:** Men's Race: 7:33 AM, Kids' Run: 8:20 AM, Women's Race 8:40 AM.

**Location:** Rice University Track/Soccer Stadium, located near Main and University (southeast corner of the Rice Campus).

**Parking:** From Main St. at Entrance 5; overflow from Stockton St. Entrance at West Lot #4

**Awards:** Club Awards; Overall and Masters for men and women; Top 3 age groups: 12-19, 5-year age groups & 80+

**Special Competitions and Awards:** Top 2 Clydesdales (men 195+) and Top 2 Rubens (women 145+); Top 3 Limericks.

NO DUPLICATION OF AWARDS IN RUNNING EVENTS

### Early Registration

- Online: [TerlinguaTrackClub.org](https://www.TerlinguaTrackClub.org), on or before May 3
- By Mail: postmarked no later than May 3.

### Late Registration

- Mail: postmarked May 4 - May 8
- Online: May 4 - May 8 (closes May 8, 11:59pm)

### REGISTRATION FEES

- Early: \$41 (HARRA: \$40), PIM \$36 and Students 22 & under \$31, Kids 12 and under \$5
- Late: until May 8 - \$45 (HARRA: \$44), PIM - \$40; Students \$31, Kids 12 and under \$5
- Race Day: \$51 (HARRA: \$50), PIM \$46, STUDENTS 22 and under \$31, Kids 12 and under \$5

**Note:** Entrants assigned lanes based on age group. Each entrant is responsible for a companion who will keep a total count of each lap completed. Lap Sheets will be provided. Runners must run in their assigned heat to be eligible for Club, team or individual competitions.

**Historic 54th LP Run T-Shirts.** Great food and music!

**Salvation Army:** A portion of the race proceeds will be donated to the Salvation Army

**Championship Club Trophies:** Awarded in Men's race and in Women's race to the Club completing the most distance.

**Kids' Run:** 12 and under; 1 Lap Non-Competitive (400m); Entry Fee: \$5; Race Day Entry Fee \$5; Ribbons awarded.

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### TERLINGUA TRACK CLUB – LP RUN ENTRY FORM

Name: \_\_\_\_\_ Age on 5/13/2023 \_\_\_\_\_ Sex: ☐ M ☐ F ☐ Clydesdale/Rubens ☐ Limerick Competition

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_ E-MAIL \_\_\_\_\_

Contact Phone #: \_\_\_\_\_ Name Of Emergency Contact & Phone #: \_\_\_\_\_

**Make check payable and mail to: Terlingua Track Club, 207 Broad Oaks Circle, Houston, TX 77056**

Fees: Early: On/Before May 3 Late: After May 3

HARRA Member ☐ \$40.00 ☐ \$44.00 HARRA Number \_\_\_\_\_ **IMPORTANT! Run Club:** \_\_\_\_\_  
Not in HARRA ☐ \$41.00 ☐  
\$45.00 Special Categories: ☐ PIM \$36 (early) \$40 (late) ☐ Students 22 and under \$31 (early) \$31 (late); ☐ Kids \$5 Race Day \$5

T-Shirt Size: ☐ Small ☐ Medium ☐ Large ☐ XL For questions contact alextgallbraith@gmail.com

Waiver: I know running a race is a potentially hazardous activity. I will not run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run and, in particular, I certify that I am free of the CoVid 19 Virus. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the running track, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my entry, I, for myself and anyone entitled to act on my behalf, waive and release HARRA, Terlingua Track Club and its members, The Road Runners Club of America, Rice University, all sponsors, their representatives and successors, officers, directors, agents and employees, from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise from the carelessness or negligence on the part of the persons named in this waiver and release.

Signature of entrant (or parent or guardian if under 18) \_\_\_\_\_ Date: \_\_\_\_\_