

**LP Run**  
**April 19, 2006**  
**Houston, TX**  
**33 minutes, 20 second track run**

| Name              | Laps | Feet | Miles |
|-------------------|------|------|-------|
| Meters            |      |      |       |
| Women:            |      |      |       |
| First Overall:    |      |      |       |
| Christie Lammers  | 21   | 42   | 5.24  |
| 8,431             |      |      |       |
| First Master:     |      |      |       |
| Helen Grant       | 20   | 753  | 5.12  |
| 8,247             |      |      |       |
| Reubens:          |      |      |       |
| Katie Senasac     | 10   | 978  | 2.68  |
| 4,307             |      |      |       |
| 0-19:             |      |      |       |
| Dena Yanowski     | 11   | 1012 | 2.93  |
| 4,718             |      |      |       |
| 20-24:            |      |      |       |
| Elizabeth Gentry  | 16   | 642  | 4.11  |
| 6,609             |      |      |       |
| 25-29:            |      |      |       |
| Jennifer Brown    | 19   | 696  | 4.86  |
| 7,828             |      |      |       |
| 30-34:            |      |      |       |
| Melissa Henderson | 20   | 585  | 5.09  |
| 8,196             |      |      |       |
| 35-39:            |      |      |       |
| Esme Fantozzi     | 18   | 815  | 4.64  |
| 7,464             |      |      |       |
| Veronica Hoge     | 17   | 530  | 4.33  |
| 6,976             |      |      |       |
| Kim Rose          | 15   | 757  | 3.88  |
| 6,244             |      |      |       |
| 40-44:            |      |      |       |
| Melissa Hurta     | 19   | 612  | 4.85  |
| 7,803             |      |      |       |
| Anna Helm         | 19   | 358  | 4.80  |
| 7,725             |      |      |       |
| Bonnie Jo Barron  | 18   | 1156 | 4.70  |
| 7,568             |      |      |       |
| Rose Rhoton       | 18   | 1078 | 4.69  |
| 7,544             |      |      |       |
| Gloria Favuzza    | 18   | 191  | 4.52  |
| 7,274             |      |      |       |

|                           |    |      |      |
|---------------------------|----|------|------|
| Annie Hadow<br>7,268      | 18 | 172  | 4.52 |
| Jennie Moroney<br>6,980   | 17 | 541  | 4.34 |
| Lana Moody<br>6,575       | 16 | 530  | 4.09 |
| Pony Peterson<br>6,429    | 16 | 50   | 3.99 |
| Rosie Schmandt<br>5,830   | 14 | 714  | 3.62 |
| Andrea Chan<br>5,527      | 13 | 1035 | 3.43 |
| 45-49:                    |    |      |      |
| Suzanne Day<br>8,035      | 20 | 58   | 4.99 |
| Deb Clifford<br>7,220     | 18 | 16   | 4.49 |
| Sue Leone<br>6,533        | 16 | 390  | 4.06 |
| Marie Hutchinson<br>6,437 | 16 | 76   | 4.00 |
| Cindi Davis<br>5,674      | 14 | 203  | 3.53 |
| 50-54:                    |    |      |      |
| Kathy Mahon<br>6,072      | 14 | 294  | 3.77 |
| Janet Sutton<br>5,942     | 13 | 1268 | 3.69 |
| Linnie Reichie<br>5,577   | 13 | 72   | 3.47 |
| 55-59:                    |    |      |      |
| Alice Keelin<br>6,596     | 15 | 610  | 4.10 |
| Susan Middleton<br>6,352  | 14 | 1212 | 3.95 |
| Serai Abraham<br>6,067    | 14 | 276  | 3.77 |
| Sophie Risdin<br>5,853    | 13 | 978  | 3.64 |
| Mary Jane Savino<br>5,800 | 13 | 804  | 3.60 |
| Hope Sellers<br>5,601     | 13 | 150  | 3.48 |
| Cheryl Verlander<br>5,568 | 13 | 41   | 3.46 |
| 60-64:                    |    |      |      |
| Nancy Crane<br>5,859      | 13 | 995  | 3.64 |
| 65-69:                    |    |      |      |
| Ursula Spilger<br>6,195   | 14 | 698  | 3.85 |

|                           |    |      |      |
|---------------------------|----|------|------|
| Pamela Willmon<br>5,447   | 12 | 1046 | 3.38 |
| JoAnn Luco<br>4,699       | 10 | 1396 | 2.92 |
| 70+:                      |    |      |      |
| Sadie Greenman<br>4,698   | 10 | 1393 | 2.92 |
| Men:                      |    |      |      |
| First Overall:            |    |      |      |
| Luis Armenteros<br>10,299 | 25 | 909  | 6.40 |
| First Master:             |    |      |      |
| Rich Fredrich<br>8,999    | 22 | 591  | 5.59 |
| Clydesdales:              |    |      |      |
| Joe Carey<br>6,690        | 16 | 906  | 4.16 |
| William Cox<br>5,648      | 14 | 119  | 3.51 |
| Jon Walk<br>5,151         | 12 | 1119 | 3.20 |
| 0-19:                     |    |      |      |
| Ryan DiMarco<br>7,504     | 18 | 948  | 4.66 |
| Grayson Shadwick<br>4,921 | 12 | 362  | 3.06 |
| 20-24:                    |    |      |      |
| Ector Perez Tzul<br>8,243 | 20 | 740  | 5.12 |
| 25-29:                    |    |      |      |
| Sam Luna<br>8,845         | 22 | 86   | 5.50 |
| 30-34:                    |    |      |      |
| Ramiro Alvarado<br>9,585  | 23 | 1197 | 5.96 |
| Joe Oviedo<br>9,349       | 23 | 423  | 5.81 |
| Sam Rodriguez<br>9,237    | 23 | 58   | 5.74 |
| Chris Boylan<br>8,768     | 21 | 1148 | 5.45 |
| Simon Brabo<br>7,924      | 19 | 1010 | 4.92 |
| 35-39:                    |    |      |      |
| Gerardo Mora<br>9,495     | 23 | 903  | 5.90 |
| John Yoder<br>9,327       | 23 | 353  | 5.80 |

|                          |    |      |      |
|--------------------------|----|------|------|
| Leno Rios<br>8,532       | 21 | 375  | 5.30 |
| Andre Conjuteau<br>7,992 | 19 | 1234 | 4.97 |
| 40-44:                   |    |      |      |
| Matt Nichol<br>8,648     | 21 | 754  | 5.37 |
| Francisco Garza<br>8,485 | 21 | 221  | 5.27 |
| Predrag Bojovic<br>7,934 | 19 | 1042 | 4.93 |
| Gerardo Lopez<br>7,792   | 19 | 575  | 4.84 |
| Alan Svoboda<br>6,857    | 17 | 139  | 4.26 |
| Joe Sellers<br>5,762     | 14 | 493  | 3.58 |
| Angel Soto<br>284        |    | 933  | 0.18 |
| 45-49:                   |    |      |      |
| Marc Conran<br>8,400     | 20 | 1257 | 5.22 |
| Mark Henderson<br>8,207  | 20 | 624  | 5.10 |
| Mark Fraser<br>8,069     | 20 | 171  | 5.01 |
| Bill Crich<br>7,686      | 19 | 230  | 4.78 |
| Wayne Rutledge<br>7,585  | 18 | 1211 | 4.71 |
| German Collazos<br>7,536 | 18 | 1052 | 4.68 |
| Art Townsend<br>7,151    | 17 | 1105 | 4.44 |
| Eric Faria<br>7,012      | 17 | 649  | 4.36 |
| Roger Redding<br>6,879   | 17 | 211  | 4.27 |
| John DiMarco<br>6,777    | 16 | 1192 | 4.21 |
| Jesus Flores<br>5,939    | 14 | 1074 | 3.69 |
| Jeff Shadwick<br>5,347   | 13 | 446  | 3.32 |
| Eddie Rodriguez<br>3,219 | 8  | 40   | 2.00 |
| 50-54:                   |    |      |      |
| Miguel Lopez<br>8,661    | 21 | 796  | 5.38 |
| Dale Lee<br>8,192        | 20 | 573  | 5.09 |
| Scott Bounds<br>8,040    | 20 | 74   | 5.00 |

|                          |    |      |      |
|--------------------------|----|------|------|
| Victor Aguirre<br>7,942  | 19 | 1070 | 4.94 |
| John Polisini<br>7,793   | 19 | 581  | 4.84 |
| James Loenard<br>7,482   | 18 | 876  | 4.65 |
| Bruce Mansur<br>7,342    | 18 | 414  | 4.56 |
| Hank Kastner<br>7,102    | 17 | 942  | 4.41 |
| Terry Mosley<br>6,834    | 17 | 62   | 4.25 |
| Mike Nelson<br>6,454     | 16 | 132  | 4.01 |
| Dusty Cook<br>5,493      | 13 | 925  | 3.41 |
| 55-59:                   |    |      |      |
| Ben Harvie<br>8,003      | 18 | 1021 | 4.97 |
| Dario Varela<br>7,342    | 17 | 254  | 4.56 |
| Evan Groutage<br>7,060   | 16 | 730  | 4.39 |
| Mike Rydin<br>6,585      | 15 | 574  | 4.09 |
| Chuck Bracht<br>6,341    | 14 | 1177 | 3.94 |
| John Phillips<br>6,316   | 14 | 1095 | 3.92 |
| Wayne Hassle<br>5,254    | 12 | 412  | 3.26 |
| 60-64:                   |    |      |      |
| Rich Vega<br>7,697       | 18 | 15   | 4.78 |
| Jack Lippincott<br>7,573 | 17 | 1011 | 4.71 |
| Mick Midkiff<br>7,437    | 17 | 564  | 4.62 |
| Fred Steves<br>6,524     | 15 | 374  | 4.05 |
| Tom McCay<br>6,112       | 14 | 426  | 3.80 |
| Mike Mangan<br>3,068     | 7  | 250  | 1.91 |
| 65-69:                   |    |      |      |
| Rich Siemens<br>7,510    | 17 | 806  | 4.67 |
| Don Brenner<br>7,108     | 16 | 888  | 4.42 |
| Chris Buchanan<br>6,675  | 15 | 871  | 4.15 |
| 70+:                     |    |      |      |

|              |    |     |      |
|--------------|----|-----|------|
| Robert Ellis | 15 | 339 | 4.05 |
| 6,513        |    |     |      |
| Bob Shannon  | 7  | 473 | 1.95 |
| 3,135        |    |     |      |

Limericks:  
Jack Lippincott  
Mark Henderson  
Jan Poscovsky  
Joe Breda

first  
second