

Terlingua Track Club News

SUMMER SOCIAL A SUCCESS

On June 24 Terlingua hosted a summer social and meeting at Star Pizza where pizza and beer were enjoyed by all. Members elected a new board of directors for the 2010-2011 running and racing season and approved of new Terlingua polo shirts as well as the distribution of new racing singlets both of which are being outfitted by Brammer's Sports. Terlingua also welcomed many new members and welcomed back a long standing member, Brian Harrington.

NEW MEMBERS

Terlingua welcomes new members, Abel Zavala, Joseph Routt, Susan Walters, Ken Ruane, Eduardo Garrado, and Francisco Perez.

BEN HARVIE CHAMPIONS NEW BAY AREA AED PROGRAM

Terlinguan Ben Harvie inspired by, and following in the footsteps of, fellow Terlinguan, Dr. Bob Hoekman, has initiated a new AED program in the Bay Area for competitions hosted by Bay Area Multisport (BAM). Ben decided to start a Bay Area AED program after a triathlete in an event in which Ben was competing died of cardiac arrest. Ben's planning and hard work with BAM'S Cathy Modaro and Todd O'Neal, and Ben's law firm's donation of AED equipment have resulted in the creation of an AED team consisting of Dr. Brian Zachariah, oversight physician; Denise Correll, coordinator; and Dena Sokolow, AED Instructor. Ben is an experienced triathlete (as well as a runner) who completed the Ironman Canada last year.

RACE RESULTS

Kiwanis 4th of July 5K (Charlottesville, VA) 7/3/10: Jack Lippincott 2nd, 60-64 25:08.

Polish Pickle 22nd annual 5K(Bremond, TX) June 26: Dave Washburn 1st Senior 18:32; Ken Yanowski 1st Clydesdale 19:34; Mark Girouard 3rd 50-54.

Texas City 5k June 19: Eduardo Garrado 1st Overall; Francisco Perez 1st Male Master; Serai Abraham 1st Women's 55-59; Victor Aguirre 1st Men's 55-59.

Comrades Marathon (89K Ultramarathon, South Africa) May 30: Bob Botto 11:25:16;

Beach To Bay Relay May 15: 1st Senior Male team: Rich Fredrich; 2nd Senior Male team: Dale Lee, Victor Aguirre; 1st Ultra Senior Male Team: Jari Vodehnal, Roger Boak, Ken Ruane, Rich Vega, Ben Harvie; 2nd Senior Women's Team: Vicki Jones; 4th Master's Women's Team: Angelina Felsing

Criterion (Bicyling) Championships: Gary Glickman Criterion May 29: Dan Dick 3rd 60 and over; **GS Tenzing May 30:** Dan Dick 4th 60 and over; **Texas State Criterion Championships June 5:** Dan Dick 7th 60 and over.

HARRA Road Relay May 8 1st Vet Male: Jack Lippincott, Roger Boak, Jari Vodehnal, Ben Harvie; 2nd Senior Male: Ken Yanowski, Rich Fredrich, Dale Lee, Bernie Weber; 3rd Senior Female: Serai Abraham, Gail Sabanosh, Kathy Molitor, Alice Keelin; 5th Mixed Masters: Liz

Tulloch, Vicki Jones, Bob Botto, Steve Reynolds; 6th Mixed Open: Erika Clifford, Deb Clifford, John Shepperd, Rich Yanacek.

KEN RUANE'S EXCELLENT SEASON

Ken Ruane completed an outstanding season unbeaten in age group competition.

Results of his races : 4/10 Bellaire Trolley Run - 20:21, 1st 65-69; 4/28 LP Run 1st 65-69; 5/1 Beaumont Gusher ½ Marathon 1:40:21, 1st 65-69; 5/8 Lake Charles Contraband 5M 35:17, 1st 65-69; 5/15 Beach to Bay Relay 1st UltraVet Team; 5/22 Lake Charles Athlete's Corner 3M 19:48, 1st 65-69.

BOB BOTTO RACES THE COMRADES ULTRA

Although in June the entire world cast its eyes on South Africa at the World Soccer Championships, a few weeks earlier (in May) South Africa cast its eyes on its more enduring competition: The Comrades Marathon. On May 30 Terlingua's Bob Botto took part in this historic race which was inaugurated in 1921. Bob successfully completed the oldest annual ultra 89K (55 ¼ Mi) road race from Pietermaritzburg to Durban, South Africa in 11:25:16.

TOM MCBRAYER CELEBRATES 80TH BIRTHDAY

On July 9th longtime Terlinguan, veteran of the 1st Houston Marathon, and Houston's most devoted volunteer in the running community, Tom McBrayer, became a very young octagenarian. Happy Birthday Tom, and many happy returns!

HELEN GRANT FAREWELL RUN

Victor Aguirre successfully organized a trail run on July 17 in honor of Helen Grant who is leaving Houston to return to her home in England. Helen has been a tremendous competitor admired and respected by many in our running community and will be truly missed.

BEAR CREEK PARK 5K RUN AND WALK ON SEPTEMBER 5

Dave Gwyn is directing a 5k run and walk in Bear Creek Park on September 5th. For details contact Dave at degwyn@yahoo.com.